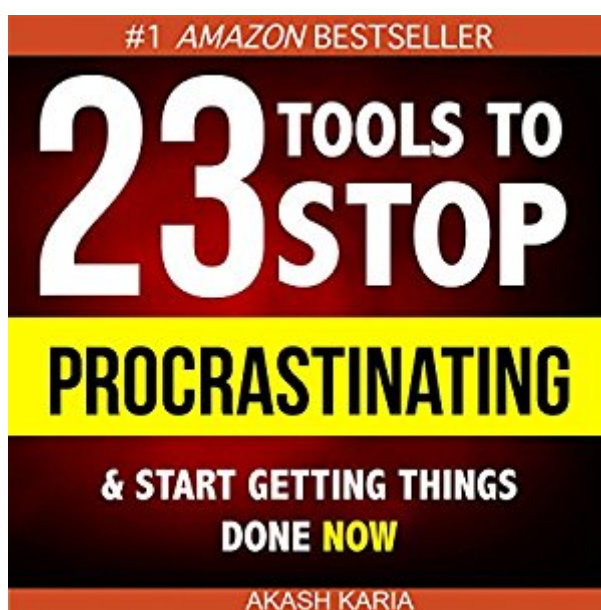


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# Ready, Set...PROCRASTINATE!: 23 Anti-Procrastination Tools Designed To Help You Stop Putting Things Off And Start Getting Things Done



## Synopsis

DISCOVER how to Stop Procrastinating & Start Getting Things Done Do you find yourself often putting things off till "tomorrow"? That book you wanted to write? "Tomorrow". That email you're supposed to send? "Tomorrow". That project you said you'd start yesterday? "Tomorrow". Packed with 23 tools on how to stop procrastinating, get motivated and start getting things done, Ready, Set, Procrastinate! will prove to be an indispensable resource for those who want to get the most out of life. DEVELOP THE "NOW" HABIT If you want to stop dreaming and start doing, you must develop the "now" habit. This book will show you how to do just that. In it, you will learn how to: Tackle any task using the solar-flaring technique. Complete large, complex tasks using the Lego block technique. Trick yourself into working on any project using the five-minute technique. Eliminate procrastinator-talk using a simple eight-step method. Instantly increase your motivation using two simple words.

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Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) You're Broke Because You Want to Be: How to Stop Getting By and Start Getting Ahead Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Ready for Anything: 52 Productivity Principles for Getting Things Done The Anti-Inflammatory Diet: Rich Anti-Inflammatory Foods to Cut Down on Inflammation - Over 25 Anti-Inflammatory Recipes You Will Love The Get it Done Divas Guide to Business: The Definitive Guide to Getting it Done and Standing Out as a Leader and Expert Anti Aging Essentials, Secrets and Tips: Your Midlife Encyclopedia, Improve Diet, Exercise, Skin (Look and Feel Younger, (Anti Aging Secrets, Anti Aging Diet) Paleo Anti Inflammatory: 500 Paleo Anti Inflammatory Spiralizer and Air Fryer Recipes: Paleo Cookbook, Breakfast, Lunch, Snack, Quick and Easy Healthy Recipes for Weight Loss, Anti Infammatory Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan) (Volume 2) Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan Book 2)

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